SELFTRACE for Universities

A tool to strengthen self-regulation, wellbeing, and student support.



Vertical
Universities, mentoring, student retention, and campus wellbeing

Focus
SELFTRACE for Universities

Core
Scientific + actionable

SELFTRACE can support university wellbeing, tutoring, and guidance by offering a clear way to read how students respond to pressure, frustration, relational strain, self-demand, and decision-making during critical transitions.

Current platform capabilities

- Identity cartography by life areas with history and cumulative reading.
- Identity biography and emotional state to go deeper than the core pattern.
- Holistic diagnosis, contextual behavioral summary, and structured prompts for external AI.
- Apply as case workshop, historical inventory, and dedicated file card.
- Reusable libraries of actors, contexts, and environments to enrich real cases.
- Reports, PDFs, and shareable outputs with host branding.
- Link-based sharing and curated outputs for private or carefully public contexts.

What makes this valuable

- Detects coping patterns inside near-real-life scenarios.
- Creates a shared language between student, tutor, and guidance teams.
- Supports follow-up through rounds, epochs, and life areas.

Use cases

- Student wellbeing programs and early prevention.
- Tutoring centered on self-observation and decision quality.
- Support during demanding academic or personal transitions.

Relevant benefits for this sector

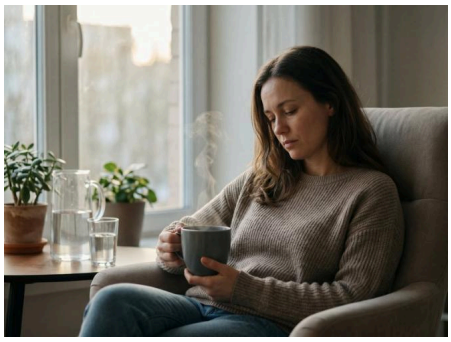
Sharing notes

- More clarity to intervene before cost accumulates.
- Greater student autonomy in understanding their automatic responses.
- A developmental approach instead of a labeling approach.

- Useful for guidance, mentoring, retention, and wellbeing innovation.
- Helps people talk about behavior and regulation in accessible language.
- A strong fit for educational innovation and support ecosystems.

Scientific and operational basis

SELFTRACE combines deterministic pattern reading grounded in psychological flexibility, traits, and attachment theory. External AI can expand language, reflection, or coaching; the core detection still relies on reproducible rules and now also translates into cross-cutting reports and applied case files.



Invite them to explore SELFTRACE

Share this brochure with people, teams, or institutions who may find it useful. SELFTRACE combines cartography, biography, emotional state, contextual behavioral summary, applied case files, shareable reports, and external AI support inside a deep and actionable experience.

Registration / access: https://self-trace.com/Identity/Account/Register

System guide: https://self-trace.com/HowItWorks

Entry page: https://self-trace.com/